

## Total RNA Purification 96-Well Kit Dx

**REF** Dx24300

CE

**IVD**

## Product Insert

 PIDx24300-3

### Intended Use

Norgen's Total RNA Purification 96-Well Kit Dx provides a rapid, high throughput method for the purification of total RNA from tissue samples, blood, plasma, serum, nasal and throat swabs, bacteria, yeast, fungi and viruses. The purified RNA is intended for *in vitro* diagnostic use for medical purposes.

### For *In Vitro* Diagnostic Use

### Product Description

Norgen's Total RNA Purification 96-Well Kit Dx provides a rapid high throughput method for the purification of total RNA from tissue samples, blood, plasma, serum, bacteria, yeast, fungi and viruses. Purification is based on using Norgen's proprietary resin separation matrix. RNA is preferentially purified from other cellular components such as proteins, without the use of phenol or chloroform. The chemistry employed in the kit allows the purification of total RNA, including viral and bacterial RNA, irrespective of size or GC content. The purified RNA is ideal for *in vitro* diagnostic use for medical purposes.

This kit is optimized to be used with any downstream application employing enzymatic amplification or other enzymatic modifications of RNA followed by signal detection or amplification. Any diagnostic results generated using the RNA isolated with Total RNA Purification 96-Well Kit Dx in conjunction with an *in vitro* diagnostic assay should be interpreted with regard to other clinical or laboratory findings.

To minimize irregularities in diagnostic results, suitable controls for downstream applications should be used.










Norgen's Total RNA Purification 96-Well Kit Dx is intended for use by professional users such as technicians, physicians and biologists experienced and trained in molecular biological techniques.

Norgen's Total RNA Purification 96-Well Kit Dx does not provide a diagnostic result. It is the sole responsibility of the user to use and validate the kit in conjunction with a downstream *in vitro* diagnostic assay.

### Kit Components

Component	Product # Dx24300 (192 preps)
Buffer RL	2 x 40 mL
Wash Solution A	2 x 38 mL
Elution Solution A	2 x 20 mL
96-Well Isolation Plate	2
96-Well Collection Plate	2
96-Well Elution Plate	2
Adhesive Tape	4
Product Insert	1

## Label Legend

								
Do not reuse	Use by	Batch Code	Catalogue Number	Contains sufficient for <n> tests	Manufacturer	In Vitro Diagnostic Medical Device	Consult instructions for use	Temperature limitation

## Advantages

- CE-IVD marked in accordance with Regulation (EU) 2017/746
- Fits into *in vitro* diagnostic workflows
- Fast and easy processing using either a vacuum manifold or centrifugation
- Isolate total RNA, from large rRNA down to microRNA (miRNA)
- No phenol or chloroform extractions
- Isolate high quality total RNA from a variety of sources

## Specifications

Kit Specifications	
Binding Capacity per Well	50 µg
Maximum Loading Volume Per Well	500 µL
Size of RNA Purified	All sizes, including small RNA (<200 nt)
Maximum Amount of Starting Material:	
Tissues	10 mg
Blood	100 µL
Plasma/Serum	150 µL
Bacteria	1 x 10 <sup>9</sup> cells
Yeast	1 x 10 <sup>8</sup> cells
Fungi	40 mg
Time to Complete 96 Purifications	30 minutes

## Storage Conditions and Product Stability

All solutions should be kept tightly sealed and stored at room temperature. This kit is stable for 2 years after the date of shipment.

## Warnings and Precautions

Ensure that a suitable lab coat, disposable gloves and protective goggles are worn when working with chemicals. For more information, please consult the appropriate Safety Data Sheets (SDSs). These are available as convenient PDF files online at [www.norgenbiotek.com](http://www.norgenbiotek.com).

Body fluid of all human and animal subjects is considered potentially infectious. All necessary precautions recommended by the appropriate authorities in the country of use should be taken when working with these samples.

**Buffer RL** contains guanidinium salts, and should be handled with care. Guanidinium salts form highly reactive compounds when combined with bleach, thus care must be taken to properly dispose of any of these solutions.

Should any serious incident, such as injury or impairment of the user, occur during the use of this device, or because the use of this device, please contact Norgen Biotek to report the incident. Additionally, report the incident to the competent authority in the country in which the user is located.

### **Customer-Supplied Reagents and Equipment**

You must have the following in order to use the Total RNA Purification 96-Well Kit Dx:

#### *For All Protocols*

- For **Vacuum Format**:
  - Vacuum manifold with vacuum pump capable of generating a minimum pressure of -650 mbar or -25 in. Hg (such as Whatman UniVac 3 Vacuum to Collect Manifold)
  - Sealing tape or pads
- For **Centrifuge Format**:
  - Centrifuge with rotor for 96-well plate assembly (such as Thermo Fisher IEC Centra CL3 series or Beckman GS-15R)
- 96 - 100% ethanol
- $\beta$ -mercaptoethanol (optional)
- Collection/Waste Tray for vacuum manifold or 96-well bottom plate (single or 96-well format) for centrifugation. Two 96-Well Collection Plates are provided with the kit.

#### *For Tissue Protocol*

- Liquid nitrogen
- Cell Disruption Tool such as mortar and pestle, rotor-stator homogenizer or bead mills

#### *For Bacterial Protocol*

- Lysozyme-containing TE Buffer:
  - For Gram-negative bacteria, 1 mg/mL lysozyme in TE Buffer
  - For Gram-positive bacteria, 3 mg/mL lysozyme in TE Buffer

#### *For Yeast Protocol*

- Resuspension Buffer with Lyticase:
  - 50 mM Tris pH 7.5
  - 10 mM EDTA
  - 1 M Sorbitol
  - 1 unit/ $\mu$ L Lyticase

#### *For Fungi Protocol*

- Liquid nitrogen
- Cell Disruption Tool such as mortar and pestle, rotor-stator homogenizer or bead mills

#### *For Plasma/Serum Protocol*

- MS2 RNA (0.8  $\mu$ g/ $\mu$ l). (Roche, Cat. No. 10165948001)

## Procedure

**For Vacuum Manifold:** All vacuum steps are performed at room temperature. The correct pressure can be calculated using the conversions:

$$1 \text{ mbar} = 100 \text{ Pa} = 0.0394 \text{ in. Hg} = 0.75 \text{ mm Hg} = 0.0145 \text{ psi}$$

**For Centrifugation:** All centrifugation steps are performed at room temperature. The correct rpm can be calculated using the formula:

$$\text{RPM} = \sqrt{\frac{\text{RCF}}{(1.118 \times 10^{-5}) (r)}}$$

where *RCF* = required gravitational acceleration (relative centrifugal force in units of g); *r* = radius of the rotor in cm; and *RPM* = the number of revolutions per minute required to achieve the necessary *g*-force.

### Working with RNA

RNases are very stable and robust enzymes that degrade RNA. Autoclaving solutions and glassware is not always sufficient to actively remove these enzymes. The first step when preparing to work with RNA is to create an RNase-free environment. The following precautions are recommended as your best defense against these enzymes.

- The RNA area should be located away from microbiological work stations
- Clean, disposable gloves should be worn at all times when handling reagents, samples, pipettes, disposable tubes, etc. It is recommended that gloves are changed frequently to avoid contamination
- There should be designated solutions, tips, tubes, lab coats, pipettes, etc. for RNA only
- All RNA solutions should be prepared using at least 0.05% DEPC-treated autoclaved water or molecular biology grade nuclease-free water
- Clean all surfaces with commercially available RNase decontamination solutions
- When working with purified RNA samples, ensure that they remain on ice during downstream applications

## Section 1. Preparation of Lysate From Various Cell Types

### Notes Prior to Use

- ***The steps for preparing the lysate are different depending on the starting material (Step 1). However, the subsequent steps are the same in all cases (Steps 2 – 6), with the exception of the protocol for plasma/serum. A separate protocol for the isolation of total RNA from plasma/serum samples is located in Appendix B.***
- Please ensure that the correct procedure for preparing the lysate from your starting material is followed, as indicated in the table below:

Sample Type	Lysate Preparation Page #
Tissue	5
Blood	6
Plasma/Serum	12
Nasal / Throat Swabs	6
Bacteria	6
Yeast	7
Fungi	8
Viruses	8

- Ensure that all solutions are at room temperature prior to use.
- Prepare a working concentration of the **Wash Solution A** by adding 90 mL of 96-100% ethanol (provided by the user) to the supplied bottles containing the concentrated **Wash Solution A**. This will give a final volume of 128 mL. The labels on the bottles have a box that may be checked to indicate that the ethanol has been added.
- **Optional:** The use of  $\beta$ -mercaptoethanol in lysis is highly recommended for most tissues, particularly those known to have a high RNase content (ex: pancreas), as well as for nasal and throat swabs. It is also recommended for users who wish to isolate RNA for sensitive downstream applications. Add 10  $\mu$ L of  $\beta$ -mercaptoethanol (provided by the user) to each 1 mL of Buffer RL required.  $\beta$ -mercaptoethanol is toxic and should be dispensed in a fume hood. Alternatively, the Buffer RL can be used as provided.
- It is important to work quickly during this procedure.

## 1A. Lysate Preparation from Tissues

### Notes Prior to Use

- RNA in tissues is not protected after harvesting until it is disrupted and homogenized. Thus it is important that the procedure is carried out as quickly as possible, particularly the Cell Lysate Preparation step.
- Fresh or frozen tissues may be used for the procedure. Tissues should be flash-frozen in liquid nitrogen and transferred immediately to a  $-70^{\circ}\text{C}$  freezer for long-term storage. Tissues may be stored at  $-70^{\circ}\text{C}$  for several months. When isolating total RNA from frozen tissues ensure that the tissue does not thaw during weighing or prior to homogenization.
- The optimal amount of non-fibrous tissue be used per well of the 96-Well Isolation Plate is up to 8 mg. However, for most tissues (except tissues with high cell number such as liver and spleen), up to 10 mg could be processed. For fibrous tissue such as heart, a maximum of 2 mg is recommended

### 1A. Cell Lysate Preparation from Tissues

- Excise the tissue sample.
- Determine the amount of tissue by weighing. It is recommended that no more than 10 mg of tissue be used for each well of the 96-Well Isolation Plate.
- Transfer the tissue samples to appropriate vessels for the desired disruption method.
- Add 350  $\mu$ L of **Buffer RL** to each tissue sample.

**Note:** Ensure that frozen tissues do not thaw during weighing or prior to the addition of Buffer RL. For maximum RNA recovery, homogenize frozen tissues to fine powder in liquid nitrogen prior to the addition of **Buffer RL**.

- Homogenize the tissues using the appropriate cell disruption tool.

**Note:** Thorough homogenization is required for optimal performance. For tissue inputs of  $\leq 8$  mg, it is not required to perform centrifugation to remove cell debris if the homogenization is complete. For tissue inputs larger than 8 mg, or if incomplete cell disruption is suspected, centrifuge the lysate at maximum speed for 2 minutes in an appropriate centrifuge. Transfer the supernatant to a new 96-well microplate.

- Add 120  $\mu$ L of 96 - 100% ethanol (provided by the user) to each tissue sample. Mix by pipetting up and down a few times. **Proceed to Step 2 (page 9).**

## 1B. Lysate Preparation from Blood

### Notes Prior to Use

- This procedure is for the isolation of RNA from whole blood. **For the isolation of RNA from plasma or serum samples, please see Appendix B.**
- Blood of all human and animal subjects is considered potentially infectious. All necessary precautions recommended by the appropriate authorities in the country of use should be taken when working with whole blood.
- It is recommended that no more than 100  $\mu\text{L}$  of blood be used per well of the 96-Well Isolation Plate in order to prevent clogging of the plate.
- We recommend the use of this kit to isolate RNA from non-coagulating fresh blood using EDTA as the anti-coagulant.
- It is important to work quickly during this procedure.

## 1B. Cell Lysate Preparation from Blood

- a. Transfer up to 100  $\mu\text{L}$  of non-coagulating blood to each well in an RNase-free 96-well microplate (not provided)
- b. Add 200  $\mu\text{L}$  of **Buffer RL**. Lyse cells by gently tapping the 96-well microplate and swirling buffer around plate surface for two minutes
- c. Add 120  $\mu\text{L}$  of 96 - 100% ethanol (provided by the user) to each well. Mix by pipetting up and down a few times. **Proceed to Step 2 (page 9).**

## 1C. Lysate Preparation from Nasal or Throat Swabs

### Notes Prior to Use

- Body fluid of all human and animal subjects is considered potentially infectious. All necessary precautions recommended by the appropriate authorities in the country of use should be taken when working with these samples.
- It is important to work quickly during this procedure.

## 1C. Cell Lysate Preparation from Nasal or Throat Swabs

- a. Add 600  $\mu\text{L}$  of **Lysis Solution** to an RNase-free microcentrifuge tube (not provided).
- b. Gently brush a sterile, single-use cotton swab inside the nose or mouth of the subject.
- c. Using sterile techniques, cut the cotton tip where the nasal or throat cells were collected and place into the microcentrifuge tube containing the **Lysis Solution**. Close the tube. Vortex gently and incubate for 5 minutes at room temperature.
- d. Using a pipette, transfer the lysate into another RNase-free microcentrifuge tube (not provided). Note the volume of the lysate.
- e. Add an equal volume of 70% ethanol (provided by the user) to the lysate volume collected (100  $\mu\text{L}$  of ethanol is added to every 100  $\mu\text{L}$  of lysate). Vortex to mix. **Proceed to Step 2 (page 9).**

## 1D. Lysate Preparation from Bacteria

### Notes Prior to Use

- Prepare the appropriate lysozyme-containing TE Buffer as indicated in Table 1. This solution should be prepared with sterile, RNase-free TE Buffer, and kept on ice until needed. These reagents are to be provided by the user.

- It is recommended that no more than  $10^9$  bacterial cells be used per well for this procedure. Bacterial growth can be measured using a spectrophotometer. As a general rule, an *E. coli* culture containing  $1 \times 10^9$  cells/mL has an OD<sub>600</sub> of 1.0.
- For RNA isolation, bacteria should be harvested in log-phase growth.
- Bacterial pellets can be stored at -70°C for later use, or used directly in this procedure.
- Frozen bacterial pellets should not be thawed prior to beginning the protocol. Add the lysozyme-containing TE Buffer directly to the frozen bacterial pellet (**Step 1Dc**).

#### 1D. Cell Lysate Preparation from Bacteria

- Pellet bacteria by centrifuging at  $14,000 \times g$  (~14,000 RPM) for 1 minute for culture collected in 1.5 mL microfuge tubes or  $3000 \times g$  (~3,000 RPM) for 5 minutes for culture in a 96-well microplate.
- Carefully remove media by aspiration.
- Resuspend each bacterial pellet thoroughly in 75  $\mu$ L of the appropriate lysozyme-containing TE buffer (see Table 1). Incubate at room temperature for the time indicated in Table 1.
- Add 225  $\mu$ L of **Buffer RL** to each bacteria sample. Mix by pipetting up and down a few times.
- Add 120  $\mu$ L of 96 – 100% ethanol (provided by the user) to lysate. Mix by pipetting up and down a few times. **Proceed to Step 2 (page 9)**.

**Table 1. Incubation Time for Different Bacterial Strains.**

Bacteria Type	Lysozyme Concentration in TE Buffer	Incubation Time
Gram-negative	1 mg/mL	5 min
Gram-positive	3 mg/mL	10 min

#### 1E. Lysate Preparation from Yeast

##### Notes Prior to Use

- Prepare the appropriate amount of Lyticase-containing Resuspension Buffer, considering that 75  $\mu$ L of buffer is required for each preparation. The Resuspension Buffer should have the following composition: 50 mM Tris, pH 7.5, 10 mM EDTA, 1M Sorbitol, 0.1%  $\beta$ -mercaptoethanol and 1 unit/ $\mu$ L Lyticase. This solution should be prepared with sterile, RNase-free reagents, and kept on ice until needed. These reagents are to be provided by the user.
- It is recommended that no more than  $10^7$  yeast cells or 1 mL of culture be used per well of the 96-Well Isolation Plate
- For RNA isolation, yeast should be harvested in log-phase growth.
- Yeast can be stored at -70°C for later use, or used directly in this procedure.
- Frozen yeast pellets should not be thawed prior to beginning the protocol. Add the Lyticase-containing Resuspension Buffer directly to the frozen yeast pellet (**Step 1Ec**).

#### 1E. Cell Lysate Preparation

- Pellet yeast by centrifuging at  $14,000 \times g$  (~14,000 RPM) for 1 minute for culture collected in 1.5 mL microfuge tubes or  $3000 \times g$  (~3,000 RPM) for 5 minutes for culture in a 96-well microplate.
- Carefully remove media by aspiration.

- c. Resuspend the yeast pellets thoroughly in 75  $\mu\text{L}$  of Lyticase-containing Resuspension Buffer. Incubate at 37°C for 10 minutes.
- d. Add 225  $\mu\text{L}$  of **Buffer RL** to each yeast sample. Mix by pipetting up and down a few times.
- e. Add 120  $\mu\text{L}$  of 96 – 100% ethanol (provided by the user) to the lysate. Mix by pipetting up and down a few times. **Proceed to Step 2 (page 9).**

## 1F. Lysate Preparation from Fungi

### Notes Prior to Use

- Fresh or frozen fungi may be used for this procedure. Fungal tissues should be flash-frozen in liquid nitrogen and transferred immediately to a -70°C freezer for long-term storage. Fungi may be stored at -70°C for several months. Do not allow frozen tissues to thaw prior to grinding with the mortar and pestle in order to ensure that the integrity of the RNA is not compromised.
- It is recommended that no more than 40 mg of fungi be used per well of the 96-Well Isolation Plate to prevent clogging of the plate.

### 1F. Cell Lysate Preparation from Fungi

- a. Excise the tissue sample from the fungus.
- b. Determine the amount of tissue by weighing. It is recommended that no more than 50 mg of tissue be used per well of the 96-Well Isolation Plate.
- c. Transfer the tissue samples to appropriate vessels for the desired disruption method.
- d. Add 350  $\mu\text{L}$  of **Buffer RL** to each tissue sample.

**Note:** Ensure that frozen tissues do not thaw during weighing or prior to the addition of Buffer RL. For maximum RNA recovery, homogenize frozen tissues to fine powder in liquid nitrogen prior to the addition of **Buffer RL**.

- e. Homogenize the tissues using the appropriate cell disruption tool.
- f. Centrifuge the lysate at maximum speed for 2 minutes in an appropriate centrifuge. Transfer the supernatant to a new 96-well microplate.
- g. Add 120  $\mu\text{L}$  of 96 - 100% ethanol (provided by the user) to each lysate sample. Mix by pipetting up and down a few times. **Proceed to Step 2 (page 9).**

## 1G. Lysate Preparation from Viruses

### Notes Prior to Use

- For the isolation of integrated viral RNA, follow Section **1A** if the starting material is cell culture, follow Section **1B** if the starting material is tissue, follow Section **1C** if the starting material is blood, or follow Section **1H** if the starting material is a nasal or throat swab.
- For the isolation of RNA from free viral particles, follow the procedure below.
- It is recommended that no more than 100  $\mu\text{L}$  of viral suspension be used in order to prevent clogging of the column.
- It is important to work quickly during this procedure.

### 1G. Cell Lysate Preparation from Viral Suspension

- a. Transfer up to 100  $\mu\text{L}$  of viral suspension to an RNase-free microcentrifuge tube (not provided).
- b. Add 350  $\mu\text{L}$  of **Lysis Solution**. Lyse viral cells by vortexing for 15 seconds. Ensure that mixture becomes transparent before proceeding to the next step.
- c. Add 200  $\mu\text{L}$  of 95 – 100% ethanol (provided by the user) to the lysate. Mix by vortexing for 10 seconds. **Proceed to Step 2 (page 9).**



## Section 2. Total RNA Purification from All Types of Lysate

**Note:** The purification of total RNA from the lysate prepared in Section 1 could be performed using either a vacuum manifold or centrifugation. For purification using vacuum, please follow the procedure outlined in Section 2A. For purification using centrifugation, please follow the procedure outlined in Section 2B

### A. Total RNA Purification from All Types of Lysate Using Vacuum Manifold

**Note:** The remaining steps of the procedure for the purification of total RNA using a vacuum manifold are the same from this point forward for all the different types of lysate.

**NOTE: The vacuum pressure must not exceed 350 mbar. Very high vacuum pressure may result in a low RNA yield.**

#### 2. Binding RNA to 96-Well Isolation Plate

- a. Assemble the 96-Well Isolation Plate and the vacuum manifold according to manufacturer's recommendations.

**Note:** The provided 96-Well Collection Plate can be used as the collection/waste tray if desired.

- b. Apply up to 500  $\mu$ L of the lysate with the ethanol (from **Step 1**) into each well of the 96-Well Isolation Plate. Tape the plate or any unused wells using sealing tape or pads (provided by the user) according to the vacuum manifold manufacturer's recommendations. Apply vacuum for 2 minutes.

**Note:** Depending on the starting material, a small quantity of precipitates may appear in the lysate-ethanol mix. No additional step is required to remove these precipitates prior to application of the mixture to the wells.

- c. Turn off vacuum and ventilate the manifold. Discard the flowthrough. Reassemble the 96-Well Isolation Plate and the vacuum manifold.

**Note:** Ensure that all of the lysate from each well has passed through into the collection/waste tray. If the entire lysate volume has not passed, apply vacuum for an additional 2 minutes.

#### Optional Step:

Norgen's Total RNA Purification 96-Well Kit isolates total RNA with minimal amounts of genomic DNA contamination. However, an optional **On-Plate DNA Removal Protocol** is provided in Appendix A for maximum removal of residual DNA that may affect sensitive downstream applications. This step should be performed at this point in the protocol.

#### 3. RNA Wash

- a. Apply 400  $\mu$ L of **Wash Solution A** to each well of the 96-Well Isolation Plate. Tape the plate or any unused wells using sealing tape or pads (provided by the user) according to the vacuum manifold manufacturer's recommendations. Apply vacuum for 2 minutes.

**Note:** Ensure the entire Wash Solution A has passed through into the collection/waste tray by inspecting the 96-Well Isolation Plate. If the entire wash volume has not passed, apply vacuum for an additional 2 minutes.

- b. Turn off vacuum and ventilate the manifold. Discard the flowthrough.
- c. Reassemble the 96-Well Isolation Plate and the vacuum manifold. Repeat steps **3a** and **3b** to wash column for a second time.

- d. Reassemble the 96-Well Isolation Plate and the vacuum manifold. Repeat steps **3a** and **3b** to wash column for a third time.
- e. Pat the bottom of the 96-Well Isolation Plate dry. Reassemble the 96-Well Isolation Plate and the vacuum manifold. Apply vacuum for an additional 15 minutes in order to completely dry the plate.
- f. Turn off vacuum and ventilate the manifold.

#### 4. RNA Elution

- a. Replace the collection/waste tray in the vacuum manifold with the provided 96-Well Elution Plate. Complete the vacuum manifold assembly with the 96-Well Isolation Plate.
- b. Add 75  $\mu$ L of **Elution Solution A** to each well of the plate.
- c. Apply vacuum for 2 minutes.

#### 5. Storage of RNA

Use the provided adhesive tape to seal the 96-Well Elution Plate. The purified RNA samples may be stored at  $-20^{\circ}\text{C}$  for a few days. It is recommended that samples be placed at  $-70^{\circ}\text{C}$  for long term storage.

## B. Total RNA Purification from All Types of Lysate Using Centrifugation

**Note:** The remaining steps of the procedure for the purification of total RNA using centrifugation are the same from this point forward for all the different types of lysate.

### 2. Binding RNA to 96-Well Isolation Plate

- a. Place the 96-Well Isolation Plate on top of a provided 96-Well Collection Plate.
- b. Apply up to 500  $\mu$ L of the lysate with the ethanol (from **Step 1**) into each well of the 96-Well Isolation Plate. Centrifuge the assembly at maximum speed or 3,000  $\times g$  (~3,000 RPM) for 2 minutes.

**Note:** Depending on the starting material, a small quantity of precipitates may appear in the lysate-ethanol mix. No additional step is required to remove these precipitates prior to application to the wells

- c. Discard the flowthrough. Reassemble the the 96-Well Isolation Plate and the bottom plate.

**Note:** Ensure that all of the lysate from each well has passed through into the bottom plate. If the entire lysate volume has not passed, centrifuge for an additional 2 minutes.

#### Optional Step:

Norgen's Total RNA Purification 96-Well Kit isolates total RNA with minimal amounts of genomic DNA contamination. However, an optional **On-Plate DNA Removal Protocol** is provided in Appendix A for maximum removal of residual DNA that may affect sensitive downstream applications. This step should be performed at this point in the protocol

### 3. RNA Wash

- a. Apply 400  $\mu$ L of **Wash Solution A** to each well of the 96-Well Isolation Plate. Centrifuge the assembly at maximum speed or 3,000  $\times g$  (~3,000 RPM) for 2 minutes.

**Note:** Ensure the entire Wash Solution A has passed through into the bottom plate by inspecting the 96-Well Isolation Plate. If the entire wash volume has not passed, centrifuge for an additional 2 minutes.

- b. Discard the flowthrough. Reassemble the 96-Well Isolation Plate and the bottom plate.
- c. Repeat steps **3a** and **3b** to wash column for a second time.
- d. Repeat steps **3a** and **3b** to wash column for a third time.
- e. Pat the bottom of the 96-Well Isolation Plate dry. Reassemble the 96-Well Isolation Plate and the bottom plate. Centrifuge the assembly at maximum speed or 3,000 x g (~3,000 RPM) for 15 minutes in order to completely dry the plate.

#### 4. RNA Elution

- a. Stack the 96-Well Isolation Plate on top of the 96-Well Elution Plate.
- b. Add 75  $\mu\text{L}$  of **Elution Solution A** to each well of the 96-Well Isolation Plate.
- c. Centrifuge the assembly at maximum speed or 3,000 x g (~3,000 RPM) for 2 minutes.

#### 5. Storage of RNA

Use the provided adhesive tape to seal the 96-Well Elution Plate. The purified RNA sample may be stored at  $-20^{\circ}\text{C}$  for a few days. It is recommended that samples be placed at  $-70^{\circ}\text{C}$  for long term storage.

## Appendix A

### Protocol for Optional On-Column DNA Removal

Norgen's Total RNA Purification 96-Well Kit isolates total RNA with minimal amounts of genomic DNA contamination. However, an optional protocol is provided below for maximum removal of residual DNA that may affect sensitive downstream applications. It is recommended that Norgen's RNase-Free DNase I Kit (Product # 25710) be used for this step.

1. For every on-column reaction to be performed, prepare a mix of 10  $\mu\text{L}$  of **DNase I** and 65  $\mu\text{L}$  of **Enzyme Incubation Buffer** using Norgen's RNase-Free DNase I Kit (Product # 25710). Mix gently by inverting the tube a few times. **DO NOT VORTEX**.

**Note:** If using an alternative DNase I, prepare a working stock of 0.25 Kunitz unit/ $\mu\text{L}$  RNase-free DNase I solution according to the manufacturer's instructions. A 75  $\mu\text{L}$  aliquot is required for each column to be treated.

2. Perform the appropriate Total RNA Isolation Procedure for your starting material up to and including "**Binding RNA to 96-Well Isolation Plate**" (Steps 1 and 2 of all protocols)
3. **For Vacuum Manifold:** Apply 400  $\mu\text{L}$  of **Wash Solution A** to each well of the 96-Well Isolation Plate. Tape the plate or any unused wells using sealing tape or a pad (provided by the user) according to the vacuum manifold manufacturer's recommendations. Apply vacuum for 2 minutes.

**For Centrifugation:** Apply 400  $\mu\text{L}$  of **Wash Solution A** to each well of the 96-Well Isolation Plate. Centrifuge the assembly at maximum speed or 3,000 x g (~3,000 RPM) for 2 minutes.

4. Discard the flowthrough. Reassemble the 96-Well Isolation Plate with the vacuum manifold or the bottom plate.

5. Apply 75  $\mu\text{L}$  of the RNase-free DNase I solution prepared in Step 1 to each well of the 96-Well Isolation Plate.

**For Vacuum Manifold:** Apply vacuum for 30 seconds.

**For Centrifugation:** Centrifuge the assembly at maximum speed or 3,000  $\times g$  (~3,000 RPM) for 30 seconds.

6. After the centrifugation or vacuum in Step 5, pipette the flowthrough that is present in the collection plate back onto the top of the column.

**Note:** Ensure Step 6 is performed in order to ensure maximum DNase activity and to obtain maximum yields of RNA, in particular for small RNA species

7. Incubate the assembly at 25 - 30°C for 15 minutes.

8. Without any further centrifugation, proceed directly to “RNA Wash” Section 2A, Step 3b for **Vacuum Manifold** procedure or Section 2B, Step 3c for **Centrifugation** procedure.

## Appendix B

### Protocol for Total RNA Purification from Plasma or Serum

#### Notes Prior to Use

- Plasma or serum of all human and animal subjects is considered potentially infectious. All necessary precautions recommended by the appropriate authorities in the country of use should be taken when working with plasma or serum.
- We recommend the use of this kit to isolate RNA from plasma or serum prepared by standard protocol from non-coagulating fresh blood using EDTA or sodium citrate as the anti-coagulant.
- It is recommended that no more than 150  $\mu\text{L}$  of plasma or serum be used in order to prevent clogging of the column.
- Avoid multiple freeze-thaw cycle of the plasma or serum sample. Aliquot to the appropriate volume for usage prior to freezing.
- **Substitute the provided Wash Solution A with 96 – 100 % Ethanol (User provided).**
- It is important to work quickly during this procedure.
- The yield of RNA from plasma and serum is highly variable. In general, the expected yield could vary from 1 to 100 ng per 100  $\mu\text{L}$  plasma or serum used. In addition, the expected A260:A280 ratio as well as the A260:A230 ratio will be lower (<1.80) than the normal acceptable range from other cells or tissues. Nonetheless, these isolated RNA could still be used effectively in different downstream applications such as RT-qPCR or microarrays.

#### 1. Cell Lysate Preparation from Plasma/Serum

- a. Transfer up to 150  $\mu\text{L}$  of plasma or serum to an RNase-free microcentrifuge tube or an RNase-free Deep-Well 96-well microplate (not provided).
- b. Add 250  $\mu\text{L}$  of Buffer RL to every 100  $\mu\text{L}$  of plasma or serum. Mix by vortexing for 10 seconds.
- c. **(Optional):** Add 0.7  $\mu\text{L}$  of 0.8  $\mu\text{g}/\mu\text{l}$  MS2 RNA per sample.

**Note:** The addition of MS2 RNA could increase the consistency of RNA isolation

- d. Add 350  $\mu\text{L}$  of 96 – 100% ethanol (provided by the user) to every 350  $\mu\text{L}$  of the lysate (equivalent to every 100  $\mu\text{L}$  plasma or serum used). Mix by agitation or by pipetting up and down a few times. Proceed to Step 2 below.

## 2. Purification of RNA using 96-Well Isolation Plate

Proceed to Section 2 for Total RNA Purification using either a vacuum manifold or centrifugation. For purification using vacuum, please follow the procedure outlined in Section 2A. For purification using centrifugation, please follow the procedure outlined in Section 2B.

**For both protocols, use 96 – 100 % Ethanol (provided by the user) instead of the provided Wash Solution A for the Wash Step.**

**\*\* NOTE: For higher recovery of small RNA species using the centrifugation protocol, a lower centrifugation speed of ~1500 x g (~2000 RPM) for the RNA Binding Step is recommended.**

### Optional Step:

Norgen's Total RNA Purification Kit isolates total RNA with minimal amounts of genomic DNA contamination. However, an optional On-Column DNA Removal Protocol is provided in Appendix A for maximum removal of residual DNA that may affect sensitive downstream applications. It is recommended that Norgen's RNase-Free DNase I Kit (Product # 25710) be used for this step. This step should be performed at this point in the protocol. **Use 96 – 100 % Ethanol (provided by the user) instead of the provided Wash Solution A for the Wash Step.**

### Product Use Restriction

Norgen's Total RNA Purification 96-Well Kit Dx provides a rapid, high throughput method for the purification of total RNA from tissue samples, blood, plasma, serum, nasal and throat swabs, bacteria, yeast, fungi and viruses. The purified RNA is intended for *in vitro* diagnostic use for medical purposes.

This kit is optimized to be used with any downstream application employing enzymatic amplification or other enzymatic modifications of RNA followed by signal detection or amplification. Any diagnostic results generated using the RNA isolated with Norgen's Total RNA Purification 96-Well Kit Dx in conjunction with an *in vitro* diagnostic assay should be interpreted with regard to other clinical or laboratory findings.

To minimize irregularities in diagnostic results, suitable controls for downstream applications should be used.

Norgen's Total RNA Purification 96-Well Kit Dx is intended for use by professional users such as technicians, physicians and biologists experienced and trained in molecular biological techniques.

Norgen's Total RNA Purification 96-Well Kit Dx does not provide a diagnostic result. It is the sole responsibility of the user to use and validate the kit in conjunction with a downstream *in vitro* diagnostic assay.

The respective user is liable for any and all damages resulting from application of Norgen's Total RNA Purification 96-Well Kit Dx for use deviating from the intended use as specified in the user manual.

All products sold by Norgen Biotek are subjected to extensive quality control procedures and are warranted to perform as described when used correctly. Any problems should be reported immediately. The kit contents are for laboratory use only, and they must be stored in the laboratory and must not be used for purposes other than intended. The kit contents are unfit for consumption.

### Technical Support

Contact our Technical Support Team between the hours of 9:00 and 5:30 (Eastern Standard Time) at (905) 227-8848 or Toll Free at 1-866-667-4362.


Technical support can also be obtained from our website ([www.norgenbiotek.com](http://www.norgenbiotek.com)) or through email at [support@norgenbiotek.com](mailto:support@norgenbiotek.com).

Norgen's purification technology is patented and/or patent pending. See [www.norgenbiotek.com/patents](http://www.norgenbiotek.com/patents)

### Authorized Representative



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