3430 Schmon Parkway
Thorold, ON, Canada L2V 4Y6
Phone: 866-667-4362 • (905) 227-8848
Fax: (905) 227-1061
Email: techsupport@norgenbiotek.com

Blood DNA Isolation Maxi Kit — Product Insert

Product # 31200

Norgen's **Blood DNA Isolation Maxi Kit** is designed for the rapid preparation of genomic DNA from 3 mL up to 10 mL of whole blood. Purification is based on spin column chromatography as the separation matrix. Norgen's column binds DNA under optimized salt concentrations and releases the bound DNA under low salt and slightly alkali conditions. The purified genomic DNA is fully digestible with all restriction enzymes tested, and is completely compatible with downstream applications including PCR, real-time PCR, Long-Range PCR, RFLP analysis used for paternity testing and southern blot analysis.

Norgen's Blood Genomic DNA Isolation Maxi Kit allows for the isolation of genomic DNA from the blood of various species, including humans. The genomic DNA is preferentially purified from other cellular proteinaceous components. Typical yields of genomic DNA will vary depending on the cell density of the blood sample. Preparation time for a single sample is less than 55 minutes, and each kit contains sufficient materials for 12 preparations.

Kit Components

Component	Product # 31200 (12 samples)
Lysis Buffer B	2 x 110 mL
Solution WN	55 mL
Wash Solution A	2 x 38 mL
Elution Buffer B	30 mL
Proteinase K in Storage Buffer	8 mL
Maxi Spin Columns	12
Collection Tubes	12
Elution Tubes	12
Product Insert	1

Specifications

Kit Specifications	
Maximum Blood Input	10 mL
Typical yield (10 mL of Blood)	200-600 µg*
Elution Volume	1 - 2 mL
Time to Complete 10 Purifications	50-65 minutes

* Yield will vary depending on the type of blood processed

Advantages

- Fast and easy processing using a rapid spin-column format
- Isolate high quality genomic DNA, free from RNA contamination
- Recovered genomic DNA is compatible with various downstream applications

Storage Conditions and Product Stability

All solutions should be kept tightly sealed and stored at room temperature. The kit contains a ready-to-use Proteinase K solution, which is dissolved in a specially prepared storage buffer. This kit is stable for 2 years after the date of the shipment.

Precautions and Disclaimers

This kit is designed for research purposes only. It is not intended for human or diagnostic use. Ensure that a suitable lab coat, disposable gloves and protective goggles are worn when working with chemicals. For more information, please consult the appropriate Material Safety Data Sheets (MSDSs). These are available as convenient PDF files online at *www.norgenbiotek.com*.

The **Lysis Buffer B** and **Solution WN** contain guanidinium salts, and should be handled with care. Guanidinium salts form highly reactive compounds when combined with bleach, thus care must be taken to properly dispose of any of these solutions.

Blood of all human and animal subjects is considered potentially infectious. All necessary precautions recommended by the appropriate authorities in the country of use should be taken when working with blood.

Customer-Supplied Reagents and Equipment

- Variable speed swing bucket centrifuge that can reach 4500 x g (5000 rpm) and can accommodate 50 mL centrifuge tubes
- Micropipettors
- 96 - 100% ethanol
- 56°C water bath or incubator
- 70°C water bath or incubator
- Lysozyme (for blood containing Gram positive bacterial pathogens)
- 37°C incubator (for blood containing Gram positive bacterial pathogens)
- Vortex

Procedure

All centrifugation steps are carried out in a benchtop microcentrifuge. Various speeds are required for different steps, so please check your microcentrifuge specifications to ensure that it is capable of the proper speeds. All centrifugation steps are performed at room temperature. The correct rpm can be calculated using the formula:

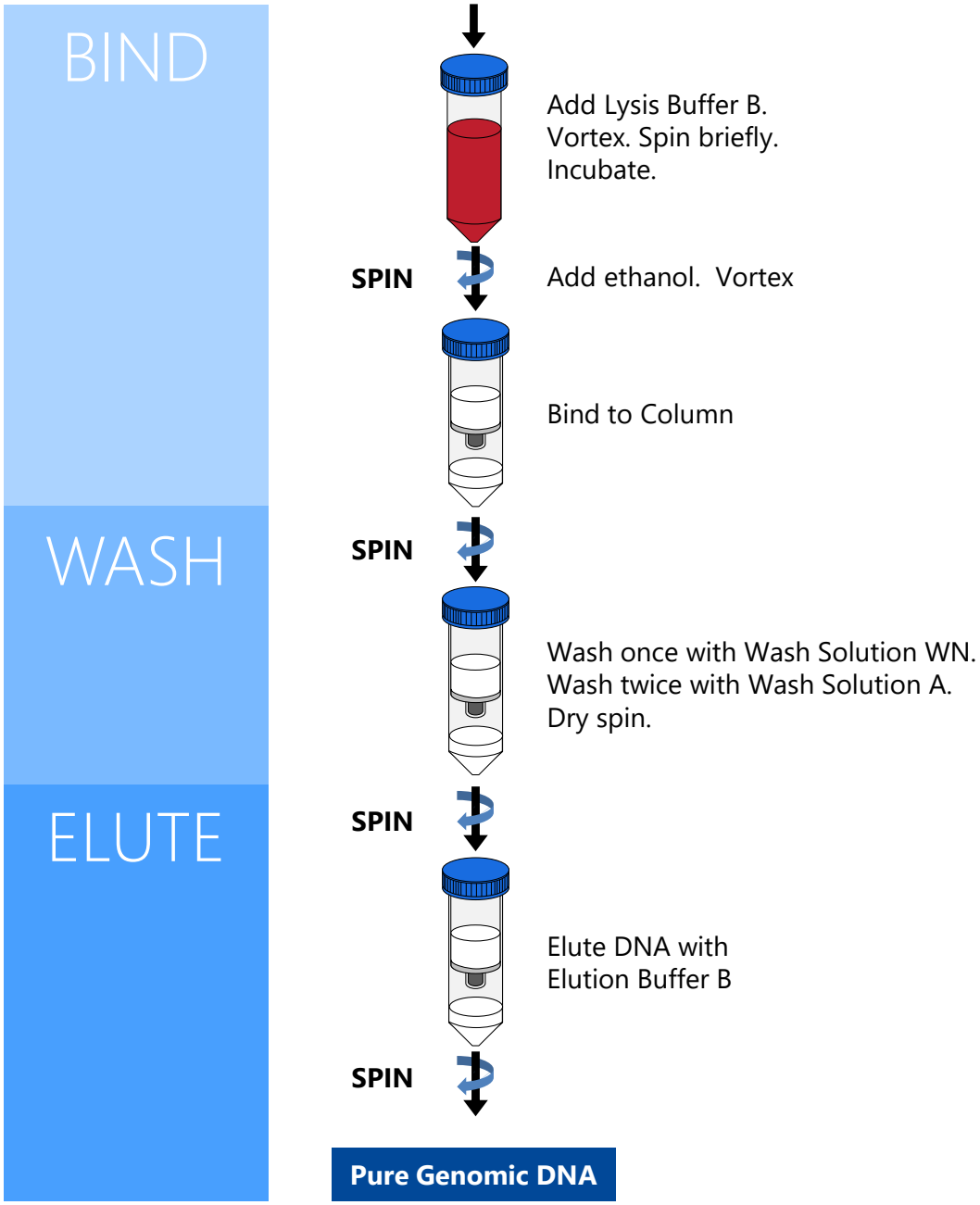
$$RPM = \sqrt{\frac{RCF}{(1.118 \times 10^{-5})\,(r)}}$$

where *RCF* = required gravitational acceleration (relative centrifugal force in units of g); *r* = radius of the rotor in cm; and *RPM* = the number of revolutions per minute required to achieve the necessary *g*-force.

Rapid Flow Chart

Procedure for Purifying Blood DNA using Norgen's Blood Genomic DNA Isolation Maxi Kit

Obtain anticoagulated blood sample and transfer into a tube containing Proteinase K.



Notes prior to use:

- Ensure that all solutions are at room temperature prior to use, and that no precipitates have formed. If necessary, warm the solutions and mix well until the solutions become clear again.
- A variable speed centrifuge should be used for maximum kit performance. If a variable speed centrifuge is not available a fixed speed centrifuge can be used, however reduced yields may be observed.
- For best results, the use of whole blood collected into tubes containing an anticoagulant is highly recommended.
- Both fresh and frozen anticoagulated blood may be used with this procedure. Ensure that frozen blood is thawed at room temperature prior to starting the protocol.
- Prepare a working concentration of the **Solution WN** by adding 73 mL of 96 - 100 % ethanol (provided by the user) to the supplied bottle containing the concentrated **Solution WN**. This will give a final volume of 128 mL. The label on the bottle has a box that may be checked to indicate that the ethanol has been added.
- Prepare a working concentration of the **Wash Solution A** by adding 90 mL of 96 - 100 % ethanol (provided by the user) to each of the supplied bottles containing the concentrated **Wash Solution A**. This will give a final volume of 128 mL. The label on the bottle has a box that may be checked to indicate that the ethanol has been added.
- Warm up the required volume of Elution Buffer at 70ºC.
- **For blood containing Gram positive bacterial pathogens**, prepare a 400 mg/mL stock solution (approximately 1.7 x 107 units/mL) of lysozyme as per supplier's instructions.
- **Always** vortex the Proteinase K before use.

A. Isolation of DNA from 3 - 5 mL of Blood

1. Sample Preparation

NOTE: For DNA isolation from blood containing Gram positive bacterial pathogens, please see Appendix A for Sample Preparation.

a. Add 0.5 mL of **Proteinase K** (vortex the Proteinase K before use) to a 50 mL tube.
b. Transfer 3 - 5 mL of blood sample to the tube containing **Proteinase K**.
c. Add 8 mL of **Lysis Buffer B** to the blood and mix vigorously by shaking the tube for 10 seconds then vortexing for 10 seconds.

Note: Make sure the solution is mixed vigorously. If needed, increase the vortex time.

d. Briefly spin the tube to collect any drops of liquid from the inside of the lid.
e. Incubate at 56˚C for 20 minutes, mixing vigorously for 10 seconds every 10 minutes.

Note: If any debris is present in the sample, centrifuge for 2 minutes at 4,500 x g (~5,000 RPM) to precipitate. Transfer the clean supernatant to a clean tube prior to proceeding with the next step.

f. Briefly spin the tube to collect any drops of liquid from the inside of the lid.
g. Add 2.9 mL of 96-100% ethanol and mix vigorously by shaking the tube for 10 seconds then vortex vigorously for 10 seconds.
h. Briefly spin the tube to collect any drops of liquid from the inside of the lid.

2. Sample Binding to Column

a. Assemble a column with one of the provided collection tubes.
b. Apply the lysate to the column and centrifuge for 5 minutes at 1,850 x g (~3,000 RPM).
c. Discard the flowthrough. Reassemble the column and the collection tube.

Note: Ensure that all of the lysate has passed through into the collection tube. If the entire lysate volume has not passed, centrifuge for an additional 2 minutes at 4,500 x g (~5,000 RPM).

3. Column Wash

a. Apply 10 mL of **Solution WN** (ensure ethanol was added) to the column and centrifuge for 2 minutes at 1,850 x g (~3,000 RPM). Discard the flowthrough and reassemble the spin column with its collection tube.

Note: Ensure the entire wash solution has passed through into the collection tube by inspecting the column. If the entire wash volume has not passed, spin for an additional 1 minute at 4,500 x g (~5,000 RPM).

b. Apply 10 mL of **Wash Solution A** (ensure ethanol was added) to the column and centrifuge for 1 minute at 4,500 x g (~5,000 RPM). Discard the flowthrough and reassemble the spin column with its collection tube.

Note: Ensure the entire wash solution has passed through into the collection tube by inspecting the column. If the entire wash volume has not passed, spin for an additional minute.

c. Wash column another time by adding 10 mL of **Wash Solution A** and centrifuging for 1 minute at 4,500 x g (~5,000 RPM). Discard the flowthrough and reassemble the spin column with its collection tube.

Note: Ensure the entire wash solution has passed through into the collection tube by inspecting the column. If the entire wash volume has not passed, spin for an additional minute.

d. Spin the column for 15 minutes in order to thoroughly dry the column at 4,500 x g (~5,000 RPM). Discard the collection tube.

4. DNA Elution

a. Place the column into a provided 50 mL elution tube.
b. Add 1 – 2 mL of **Elution Buffer B** (pre-warmed at 70ºC) to the center of the column.
c. Centrifuge for 3 minutes at 4,500 x g (~5,000 RPM)

Note: If 1 mL of Elution Buffer is used, perform a second elution by repeating steps **4a – 4c**. Collect second elution into a new collection tube. The yield can be improved when this second elution is performed.

5. Storage of DNA

The purified DNA sample may be stored at 4°C for a few days. It is recommended that samples be placed at –20°C for long term storage.

B. Isolation of DNA from from 5-10 mL of blood

1. Sample Preparation

NOTE: For DNA isolation from blood containing Gram positive bacterial pathogens, please see Appendix B for Sample Preparation.

a. Add 0.65 mL of **Proteinase K** (vortex the Proteinase K before use) to a 50 mL tube.
b. Transfer 5 - 10 mL of blood sample to the tube containing **Proteinase K**.
c. Add 16 mL of **Lysis Buffer B** to the blood and mix vigorously by shaking the tube for 10 seconds then vortexing for 10 seconds.

Note: Make sure the solution is mixed vigorously. If needed, increase the vortex time.

d. Briefly spin the tube to collect any drops of liquid from the inside of the lid.
e. Incubate at 56˚C for 30 minutes, mixing vigorously for 10 seconds every 10 minutes.

Note: If any debris is present in the sample, centrifuge for 2 minutes at 4,500 x g (~5,000 RPM) to precipitate. Transfer the clean supernatant to a clean tube prior to proceeding to the next step.

f. Briefly spin the tube to collect any drops of liquid from the inside of the lid.
g. Add 5.5 mL of 96-100% ethanol and mix vigorously by shaking the tube for 10 seconds then vortex vigorously for 10 seconds.
h. Briefly spin the tube to collect any drops of liquid from the inside of the lid.

2. Sample Binding to Column
a. Assemble a column with one of the provided collection tubes.
b. Apply half of the lysate to the column and centrifuge for 5 minutes at 1,850 x g (~3,000 RPM).
c. Discard the flowthrough. Reassemble the column and the collection tube.

Note: Ensure that all of the lysate has passed through into the collection tube. If the entire lysate volume has not passed, centrifuge for an additional 2 minutes at 4,500 x g (~5,000 RPM).

d. Repeat **Steps 2b and 2c** to bind the remainder of the lysate.

3. Column Wash
a. Apply 10 mL of **Solution WN** (ensure ethanol was added) to the column and centrifuge for 2 minutes at 1,850 x g (~3,000 RPM). Discard the flowthrough and reassemble the spin column with its collection tube.

Note: Ensure the entire wash solution has passed through into the collection tube by inspecting the column. If the entire wash volume has not passed, spin for an additional 1 minute at 4,500 x g (~5,000 RPM).

b. Apply 10 mL of **Wash Solution A** (ensure ethanol was added) to the column and centrifuge for 1 minute at 4,500 x g (~5,000 RPM). Discard the flowthrough and reassemble the spin column with its collection tube.

Note: Ensure the entire wash solution has passed through into the collection tube by inspecting the column. If the entire wash volume has not passed, spin for an additional minute.

c. Wash column another time by adding 10 mL of **Wash Solution A** and centrifuging for 1 minute at 4,500 x g (~5,000 RPM). Discard the flowthrough and reassemble the spin column with its collection tube.

Note: Ensure the entire wash solution has passed through into the collection tube by inspecting the column. If the entire wash volume has not passed, spin for additional 2 minutes.

d. Spin the column for 15 minutes in order to thoroughly dry the column at 4,500 x g (~5,000 RPM). Discard the collection tube.

4. DNA Elution
a. Place the column into a provided 50 mL elution tube.
b. Add 2 mL of **Elution Buffer B** (pre-warmed at 70ºC) to the center of the column.
c. Centrifuge for 3 minutes at 4,500 x g (~5,000 RPM)

5. Storage of DNA

The purified DNA sample may be stored at 4°C for a few days. It is recommended that samples be placed at –20°C for long term storage.

Appendix A – Sample Preparation for 3 - 5 mL of Blood Containing Gram Positive Bacterial Pathogens

a. Add 0.5 mL of **Lysozyme** to a microcentrifuge tube and transfer 3 mL – 5 mL of blood sample to the tube containing **Lysozyme**.
b. Mix well by vortexing, and then incubate at 37°C for 1 hour (0.5 and 2 hours can be used depending on the bacterial strain being lysed).
c. After incubation, add 0.5 mL of **Proteinase K** (vortex before use) to the tube and proceed to step **1c of Procedure A: Isolation of DNA from 3 - 5 mL of Blood**.

Appendix B - Sample Preparation for 5 - 10 mL of Blood Containing Gram Positive Bacterial Pathogens

a. Add 0.65 mL of **Lysozyme** to a microcentrifuge tube and transfer 5 mL – 10 mL of blood sample to the tube containing **Lysozyme.**
b. Mix well by vortexing, and then incubate at 37°C for 1 hour (0.5 and 2 hours can be used depending on the bacterial strain being lysed).
c. After incubation, add 0.65 mL of **Proteinase K** (vortex before use) to the tube and proceed to step **1c of Procedure B: Isolation of DNA from 5 - 10 mL of Blood.**

Troubleshooting Guide

Problem	Possible Cause	Solution and Explanation
The spin column is clogged.	Inefficient cell lysis	Check **Proteinase K** activity. Also ensure that correct volume of **Lysis Buffer B** was added to the blood sample.
	Cell debris may be clogging the column	When a high cell number is expected in the blood sample, ensure that the optional spin for 2 minutes at 5,000 rpm after the **Proteinase K** incubation is performed. Take the clean supernatant only for the next binding step.
	The sample is too large	Too many cells were applied to the column. Ensure that **Proteinase K** and **Lysis Buffer B** are proportionally added as the blood volume is increased. Clogging can be alleviated by centrifuging for a longer period of time until the lysate passes through the column.

The yield of genomic DNA is low	Inefficient cell lysis	Ensure that correct volume of **Lysis Buffer B** was added to the blood sample. Also increase incubation time up to 25-35 minutes at 56ºC. Ensure that correct volume of **ethanol** was added to the lysate before column binding.
DNA does not perform well in downstream applications.	DNA was not washed three times with the provided solutions	Ensure the column was washed one time with **Solution WN** and two times with **Wash Solution A**.
	Ethanol carryover	Ensure that the dry spin under the Column Wash procedure is performed, in order to remove traces of ethanol prior to elution. Ethanol is known to interfere with many downstream applications.
	High DNA input used in PCR reaction	For best results, make sure that the final concentration of DNA in the PCR reaction does not exceed 75 ng/uL (1.5 ug DNA per 20 uL PCR reaction)

Related Products	Product #
Blood DNA Isolation Mini Kit	46300
Blood DNA Isolation Micro Kit	52100
Blood DNA Isolation Midi Kit	51400
Dried Blood Spot (DBS) Genomic DNA Isolation Kit	36000
Blood Genomic DNA Isolation 96-Well Kit	46350
Blood DNA Purification Kit - 30 mL	52500
UltraRanger 1kb DNA Ladder	12100

Technical Support
Contact our Technical Support Team between the hours of 9:00 and 5:30 (Eastern Standard Time) at (905) 227-8848 or Toll Free at 1-866-667-4362.

Technical support can also be obtained from our website (www.norgenbiotek.com) or through email at techsupport@norgenbiotek.com.

3430 Schmon Parkway, Thorold, ON Canada L2V 4Y6
Phone: (905) 227-8848
Fax: (905) 227-1061
Toll Free in North America: 1-866-667-4362

© 2026 Norgen Biotek Corp.